



Penicuik High School

Tuesday 31 January 2023

Information Bulletin
for Students

LOST/FOUND

There have been 2 single ear-pods and a bracelet found. If you think they belong to you, please see Mrs Razavi in the school office.

PARENT UPDATE JANUARY 2023

We are pleased to report that behaviour at break and lunch is generally positive. To ensure everyone in the school community can enjoy these times we are reminding students of the information below and have made some necessary new additions (*which will be introduced from Monday 30th January*):

Year Group	Break	Lunch
S1	Bitesite or outside between Bitesite and Green seats S1 are not permitted to leave the school grounds at break.	1:05 -1:30pm Bitesite 1:30 – 1:50pm between the bitesite and green seats. If bad weather, remain in Bitesite. S1 are not permitted to leave the school grounds at lunch (unless permission has been requested from parent/carer)
S2	Bitesite, Outside or off site	Bitesite, Outside or off site
S3	Bitesite, Outside or off site	Bitesite, Outside or off site
S4	Greenseats or off site	Greenseats or off site
S5	Green seats or off site	Green Seats or off site
S6	Common Room	Common Room

Year Group	Eating Areas
S1-S3	All students should remain in the Bitesite until they have finished their packed lunch or purchased food. This applies to break and lunch. Students are only allowed to leave the bitesite with food if they have permission to attend a club or they wish to eat at the benches outside.
S4-S6	Food purchased from the bitesite can be taken to the year group designated area.

Students who choose to go off-site should finish eating purchased food items before returning to the school premises. There has been a notable increase in litter in the building and around the school grounds; mainly items that are not available to buy in school.

Students who are accessing classrooms at break or lunch must have a prior arrangement in place with the teacher. Staff will be aware of students who have permission and will challenge students who appear to be using rooms without permission.

At no time should students be eating food in corridors, classrooms and toilets.

A reminder that we have a zero tolerance of energy drinks. These will be confiscated and disposed of.

Finally, we would welcome S1 parents/carers to complete a short survey on our lunchtime provision for S1 students. A link will be sent to all parents/carers.



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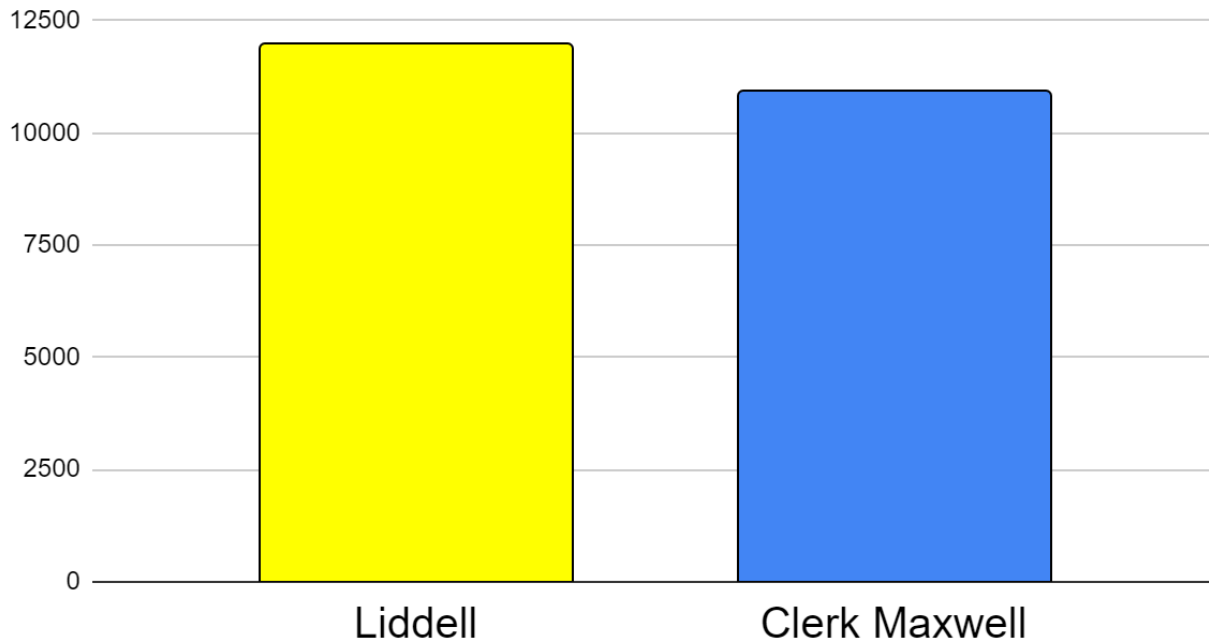
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HOUSE POINTS UPDATE

Well done to everyone who has received a praise postcard this month! The points stand as follows...

House Points



Liddell	11990
Clerk Maxwell	10916

Keep up the amazing work!
Miss Hill

ATTENTION S5 STUDENTS **Sutton Trust**

Thinking of Applying for an Apprenticeship or for University during S6?

An organisation called The Sutton Trust is looking for applicants in S5 to attend summer school that will help hugely with your chances of getting into a university or apprenticeship of your choice in the future.

Interested?

Have a look at their website or come and see me Mr Milligen.

Applications close on 31 March, so don't hang around.



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COURSE NAME: INTRODUCTION TO COACHING CHILDREN

This training is for current volunteers or those that would be willing to support the Active Schools programme as a new volunteer.

Course Description:

Developed as part of sportscotland's physical literacy coach CPD pathway this course has been designed to support new coaches, volunteers, students, young leaders parents and teachers who are working with children aged between 5-12.

When: Saturday 4 February 2023

Where: Danderhall Community Hub 59 Edmonstone Road Danderhall ; EH22 1QL

Cost: This course is **Free of Charge** to current volunteers or those keen to support the Active Schools programme as a new volunteer*

*To cover the cost of this course we would expect a volunteer to lead **4 hours** of sports sessions for Active Schools in Midlothian.

To enquire about this course and/or book your place please contact: activeschools@midlothian.gov.uk

COURSE NAME: FIRST AID (EMERGENCY FIRST AID AT WORK)

Course Description:

This one-day first aid course delivered by RLSS covers a range of CPR and first aid skills, providing you with the skills to reduce the risks and dangers in the workplace or community setting.

When: Monday 20 February 9am – 4pm

Where: The Lasswade Centre, Eskdale Drive, Bonnyrigg, EH19 2LA

Cost: This course is **Free of Charge** to current volunteers or those keen to support the Active Schools programme as a new volunteer*

*To cover the cost of this course we would expect a volunteer to lead 2 hours of sports sessions for Active Schools in Midlothian.

To enquire about this course and/or book your place please contact activeschools@midlothian.gov.uk

CROSS COUNTRY CHAMPIONSHIPS

If you would like to enter the Scottish Schools Secondary Cross Country Championships then please contact the PE department for further information.

The event takes place on the Thursday 2 March at Hopetoun House Estate, South Queensferry.

PE have further details of distances and age categories.

The closing date for entry with the PE department is Wednesday 8 February.



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ALL STUDENTS PLEASE NOTE

In classes staff will ask you to remove outdoor clothing or jackets and these must be removed when asked. Staff will refer refusal to follow instructions to Guidance and or SMT and we will follow up.

On some few occasions students do have good reasons for wearing an item. If this is the case and to be fair to you and staff YOU need to see Guidance or SMT about an exemption. Staff are following the rules and I DO NOT WANT POSITIVE RELATIONSHIP AFFECTED BY A LACK OF COMMUNICATION. Please be responsible and proactive.

This includes when you know you are obviously out of uniform and need to get a uniform pass. These need to be carried all day – and produced on demand.

Mr Dewar is in charge of uniform and we do look at the exemption list to see who is regularly not in uniform. It is not fair if over 95% are normally in correct uniform and 5% please themselves.

Finally while we do reinforce and follow up on uniform we will take a fair approach with genuine issues and would like respect to be shown to staff and our presentation rules which are part of a bigger picture. Our uniform is not complicated or expensive, is clear and easy to follow and we have listened to students about some items e.g. shoes.

Thank you for your cooperation in this matter.

Mr Biddick