



Penicuik High School

Wednesday 28 February 2024

Information Bulletin
for Students



JOIN THE TEAM

VOLUNTEER WITH ACTIVE SCHOOLS

COACHING | TRAINING | MENTORING

Volunteers Wanted!

Could you volunteer some spare time with Active Schools Midlothian?

We're looking for volunteers passionate to lead or support sports/physical activity sessions for children aged between 5 – 18 years. Training and support provided.

Interested? Get in touch via this email address to start the ball rolling!

activeschools@midlothian.gov.uk

www.activemidlothian.org.uk/coaching-or-volunteering/

COACH

Sports Scotland ACTIVE SCHOOLS Midlothian

Leading Athletics Workshop

The 3 hour Leading Athletics workshop is available for club volunteers and school pupils (14+) and allows for the training and development of new volunteers, with the ultimate aim of supporting existing leadership programmes and attracting more young leaders into the sport of athletics

When & Where: Friday 22nd March 2024 1.30pm - 4.30pm
Newbattle High School

Who for: Volunteers aged 14+ with an interest in gaining an Athletics qualification & experience delivering Athletics coaching sessions to young people

Cost: £15 (plus a commitment to lead 3 hours worth of volunteering in Athletics for Active Schools Midlothian) Sign-Up

Info: To book your place & find out more about payment & volunteer commitment email:
activeschools@midlothian.gov.uk

Course Overview: While not a formal qualification, the Leading Athletics workshop is aimed at individuals looking to gain the skills to lead athletics activities to young athletes. Individuals completing the course will be able to support Coaching Assistant and Athletics Coaches or support curricular or extra curricular athletics in primary schools

As part of the course you will receive free access to the Leading Athletics interactive App which provides course resources, ideas for leading activities and the Game Cards used on the workshop.

The resources include information on the roles and responsibilities of a leader, how to lead a fun and inclusive athletics sessions. The support resource also explores the key principles of running, jumping and throwing whilst providing technical information which support these principles



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LBGTQ+ Allies Paris and back

We have completed the journey!!!!!!

Many thanks to all that contributed, we will keep open to the end of February if anyone still wants to contribute to MSA Trust. Winners announced next week.

Mr N Smith on behalf of the LBQTTQ+ Allies Group

PROGRESS ON THE LBGTQ+ ALLIES FLIGHT TO NYC AND BACK

Also note today is Purple Friday. The purple stripe on the Pride flag represents the spirit of the LGBT+ community and allies. Purple Friday celebrates that spirit and brings people together to build a better Scotland for LGBTQ+ young people. **This Friday is a fundraising day that brings people all over Scotland together, to show their support for LGBTQ+ young people.**

Only 500 miles till safely home in Penicuik. C'mon folks we can do it! Just pop along break or lunch and have a go.

Highest pupil score is 125. Highest staff score is now 135. Remember wine, books and mugs up for prizes.

All come along and have a go or simply give a donation in the library break and lunch, all money raised goes to the Multiple System Atrophy Trust ,a good cause close to the heart of our school.

Mr N Smith on behalf of the LBGTQ+Allies group.

VACCINATION - TEENAGE BOOSTER – CHANGED NOW 4 MARCH 2024

Can teachers who have these classes at the following times, please bring the full class down to the Assembly Hall :

3C1 - 9:00am

3L2 - 9:45am

3L3 - 10:30am

3L4 - 11:15am

EDINBURGH COLLEGE SCP COURSE ATTENDEES Tue/Thu PM Only

Due to Industrial Action pupils **SHOULD NOT ATTEND COLLEGE NEXT THURS 29/2/24 unless otherwise advised by their course tutor or lecturer.**

The college apologise for any inconvenience caused and will let us know if this situation changes.



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S2 INTERVIEWS

From next week we will be carrying out short 1:1 subject choice interviews with all of S2. They shouldn't be out of class for long and apologies again for any inconvenience caused.

WORLD BOOK DAY

As part of the celebrations for World Book Day in the first week of March, Scholastic are holding a number of free events which may be of interest to you and particularly your BGE classes.

Many of the events are cross-curricular, and you may wish to register for them.

<https://shop.scholastic.co.uk/scholastic-live-world-book-day>

Mrs Sneddon

LGBT HISTORY MONTH FUNDRAISER

February is LGBT history month. The LGBTQ+ and Allies club are inviting you to fly with us from Penicuik to New York via a game of darts! Pay 50p for 3 darts and help us get to where the LGBT movement first began. Points = miles and we have a fair distance to go! There will be a prize given to the highest scorer. Money raised will be donated to the Multiple System Atrophy Trust. Come play during break and lunch (only available if staff are present). We aim to get there by the 23rd February to mark Purple Friday.

LGBTQ+ and Allies Club

<https://www.msatrust.org.uk/>