



Penicuik High School

Friday 20 January 2023

Information Bulletin
for Students

COURSE NAME: INTRODUCTION TO COACHING CHILDREN

This training is for current volunteers or those that would be willing to support the Active Schools programme as a new volunteer.

Course Description:

Developed as part of **sportscotland's** physical literacy coach CPD pathway this course has been designed to support new coaches, volunteers, students, young leaders parents and teachers who are working with children aged between 5-12.

When: Saturday 4th February 2023

Where: Danderhall Community Hub 59 Edmonstone Road Danderhall ; EH22 1QL

Cost: This course is **Free of Charge** to current volunteers or those keen to support the Active Schools programme as a new volunteer*

*To cover the cost of this course we would expect a volunteer to lead **4 hours** of sports sessions for Active Schools in Midlothian.

To enquire about this course and/or book your place please contact: activeschools@midlothian.gov.uk

COURSE NAME: FIRST AID (EMERGENCY FIRST AID AT WORK)

Course Description:

This one-day first aid course delivered by RLSS covers a range of CPR and first aid skills, providing you with the skills to reduce the risks and dangers in the workplace or community setting.

When: Monday 20th February 9am – 4pm

Where: The Lasswade Centre, Eskdale Drive, Bonnyrigg, EH19 2LA

Cost: This course is **Free of Charge** to current volunteers or those keen to support the Active Schools programme as a new volunteer*

*To cover the cost of this course we would expect a volunteer to lead 2 hours of sports sessions for Active Schools in Midlothian.

To enquire about this course and/or book your place please contact activeschools@midlothian.gov.uk



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ALL STUDENTS PLEASE NOTE

In classes staff will ask you to remove outdoor clothing or jackets and these must be removed when asked. Staff will refer refusal to follow instructions to Guidance and or SMT and we will follow up.

On some few occasions students do have good reasons for wearing an item. If this is the case and to be fair to you and staff YOU need to see Guidance or SMT about an exemption. Staff are following the rules and I DO NOT WANT POSITIVE RELATIONSHIP AFFECTED BY A LACK OF COMMUNICATION. Please be responsible and proactive.

This includes when you know you are obviously out of uniform and need to get a uniform pass. These need to be carried all day – and produced on demand.

Mr Dewar is in charge of uniform and we do look at the exemption list to see who is regularly not in uniform. It is not fair if over 95% are normally in correct uniform and 5% please themselves.

Finally while we do reinforce and follow up on uniform we will take a fair approach with genuine issues and would like respect to be shown to staff and our presentation rules which are part of a bigger picture. Our uniform is not complicated or expensive, is clear and easy to follow and we have listened to students about some items e.g. shoes.

Thank you for your cooperation in this matter.

Mr Biddick

CROSS COUNTRY CHAMPIONSHIPS

If you would like to enter the Scottish Schools Secondary Cross Country Championships then please contact the PE department for further information.

The event takes place on the Thursday 2nd March at Hopetoun House Estate, South Queensferry.

PE have further details of distances and age categories.

The closing date for entry with the PE department is Wednesday 8 February.

YOUTH WORK



Tabletop Gaming Group
Fridays 16:30 – 18:00
Newbattle Community Learning Centre
67 Gardiners Place, Newtongrange, EH22 4RT
Cost: Free Age – Primary 6+

We will be looking at primarily playing D&D but other tabletop/board games are always an option!

Everyone is welcome regardless of experience, feel free to come along to try something new and see if D&D is something for you



If you have any questions please contact me using the details below.

Mobile: **07823 664355**



Email: **Callum.Wylie@Midlothian.gov.uk**




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YOUTH WORK



**Join us at Croftstreet Hub for
our LGBTQIA+ Youth Group!**
18 Croft Street, Dalkeith EH22 3BA
Come along every Thursday from 5:30pm
to 7:30pm, starting September 1st 2022
All are welcome, 16 to 24 yrs, we'll have
games, snacks and a safe space for all.



COMMUNITIES, LIFELONG LEARNING AND EMPLOYABILITY
CLL@MIDLOTHIAN.GOV.UK
FACEBOOK.COM/CLLMIDLOTHIAN

Midlothian



Young people's
sexual health clinic at
18 Croft Street, Dalkeith
(opposite Morrisons)



Tuesdays 4.00pm to 7.30pm
Fridays 1.00pm to 4.00pm

Drop in to arrange an appointment

or phone 0131 536 1070 to book an appointment

You can get:

- Free and confidential STI testing and treatment
- Pregnancy testing
- Emergency contraception
- Contraception
- Sexual health advice

For more information visit:
lothiansexualhealth.scot/yphelp



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SILVER DUKE OF EDINBURGH

Could all those wishing to do Silver DofE please come and see me on Friday at morning break in my classroom. Time is marching on and we need to make a plan for training etc. Some people have not got places allocated yet which makes the end dates for the sections that much later as well.

If you are interested do not forget!!

Mr Merson

WANT TO BECOME A PUBLISHED POET?

The Power of Poetry competition gives you the chance to write about any issue you care about. Various prizes are up for grabs, as well as the chance to be published in a book. See Miss Vale or the writing competition board in the English department for more details.

Miss Vale

WEEKEND & HOLIDAY WORK

Weekend and holiday work available to all students aged 14 and above:

Glenrath Farms are looking for reliable and hard working employees with a good work attitude to carry out weekend/holiday egg collection.

Responsibilities and duties include;

- collecting eggs
- making sure poultry have food and water
- collecting floor eggs
- keep pack house clean and tidy
- Working hours are 7am-12.30 Saturday & Sunday

Farms are located at Leadburn and Blyth Bridge

£8 per hr

For further information please email l.jcampbell@hotmail.co.uk or call 07933276518

STUDENTS MUST OBTAIN A WORK PERMIT FROMR THEIR GUIDANCE TEACHER.

LOST/FOUND

There have been 2 ear-pods and a wallet found. If you think they belong to you, please see Mrs Razavi in the school office.

STUDENT VOICE

The next student voice sessions are coming up as follows:

S1 / S2 Tues 23/01/23 P2 Bitesite

S3 / S4 Tues 23/01/23 P4 Bitesite

S5 / S6 Mon 23/01/23 P7 Room 26

Please turn up at the correct location at the start of the period where you will be registered.

Miss Campbell

DRAMA CLUB

The drama club will resume on Tuesday 23 January at 3:30 pm in the Old Gym. Old hands and new recruits - all welcome!



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Mr Laydon

CALLING ALL BOARD GAME LOVERS!

Do you love to play card games, Giant Jenga, Chess, Monopoly? Maths club is held every Monday lunch time in Room 18 (Miss Hill's Room). Bring your lunch and play some fun games with friends or meet someone new with a shared interest. Feel free to also bring in your own games. I look forward to seeing some of you there!

Miss Hill

VOLUNTEER BASKETBALL COACHING OPPORTUNITY

The Midlothian Basketball Academy are running a pilot in partnership with Active Schools Midlothian and High Flyers Basketball. Part of the initiative is to develop young Basketball sports leaders/coaches. You will receive coaching, mentoring and support from the professional Basketball coaches, be supported in developing Basketball coaching skills and experience and potentially receive coaching development opportunities including further training and qualifications from High Flyers . Primary age pupils will participate in sessions which are held at Newbattle Centre, Tuesdays 4.00 – 5.00pm and start on 31 January.

If you are interested in this opportunity please visit the PE department for more information and to collect an application form.

PE Department