



# Penicuik High School Monday 17 June 2024

## Information Bulletin for Students

Attention S1-S6 Students and Touch Rugby Enthusiasts!



We had an amazing Touch Rugby Tournament, and now we're keeping the fun going all summer long!

Starting Friday, June 21st, all S1-S6 students are invited to join us every Friday at 6:30 PM for some social touch rugby!

Details:

Venue: Penicuik Rugby Club, Montgomery Park

Time: Every Friday at 6:30 PM, starting from June 21st

Who: All S1-S6 students and previous Touch Rugby Tournament participants

Important Information:

Permission Forms: A signed permission form from a parent or guardian is required for participation if you are under 18. Forms can be downloaded from our website and emailed to; [trt-permissions@penicuikrugby.org](mailto:trt-permissions@penicuikrugby.org) or handed in on their first attendance.

DL: <https://penicuikrugby.org/wp-content/uploads/2024/03/Permissions-Slip-2024.pdf>

What to Bring: Comfortable sportswear and a water bottle.

Weather: Sessions are weather permitting, so keep an eye on our social media for updates. Come down to the pitches, catch up with friends, and enjoy the game. Don't miss out on the

fun—see you there!



If you have any questions, please contact: [trt-permissions@penicuikrugby.org](mailto:trt-permissions@penicuikrugby.org)

### **EFFECTIVE NOW**

We are delighted that Mark from Effective coming into school to work with our S5 this is a fantastic opportunity.

*effective**now** - help students develop meta and business skills through employability skills training. Bringing learning to life by making it practical and relevant for our future workforce.*

**He will be working with**

**5L4 on Tuesday 18th June 09:30 till 11:30 in the bitesite**

Students should register then go to the appropriate venue for their session. There is no need for a teacher to accompany them.

Many thanks

**Mrs Wood**

### **SCHOOL CROSS COUNTRY**

Our annual Cross Country event will take place periods 6 and 7 on Thursday 20 June. This event is open to all pupils in the school. If you would like to participate in this please sign up in the PE Department.

**PE Department**

### **MESSAGE RE UNIFORM**

Please note that the change to allowing PE uniform to be worn on PE days has been made in response to student voice and is to enable access to physical exercise for physical and mental health.



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## **JUNE IS PRIDE EDINBURGH MONTH**

A celebration of the LGBT+ community in Edinburgh and surrounding areas with various events including a parade, performances, and community activities, look out for some in school events too!



## **RAINBOW DRESS DOWN DAY**

As June is Pride month, you are invited to wear rainbow colours on Friday 21 June to show your support for the LGBTQ+ community. Anyone who joins in is asked to give a cash donation. Donations will be collected during period 1 and all money raised will go to the Broomhill Centre next to our school.

### **LGBTQ+ and Allies club**

## **CHANGING FOR PE LESSONS**

Following discussions with pupils and parents we have made a decision to allow pupils to attend school in PE kit on the days they have timetabled PE lessons. At all other times you must still be in full school uniform.

There are no changes being made to what is acceptable PE kit which remains as follows;

Tops

T-shirt

Hoodie / Sweatshirt

NO VEST TOPS

NO FOOTBALL TOPS

Bottoms

Shorts

Tracksuit Bottoms

Sports leggings

Footwear

Trainers

We encourage students to wear our traditional colours - Black/White/Royal Blue. Please also remember that we will be outdoors for PE so you may wish to bring a change of clothes in case of wet weather.

PE department have made an Instagram account to keep pupils, parents and other staff members updated on announcements, extra curricular activities and general information in the department. There is a QR code that can be scanned to access the page.