

Week 1 - Oct 21 - Secondary

<u>LUNCH SERVICE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)
MAIN DISH (1)	Macaroni Cheese Broccoli (V)	Bean and Quorn Hot Pot Peas	Mince & Tatties Turnip	BBQ Chicken & Savoury rice
MAIN DISH (2)	Bubble Coated Salmon, Sautéed Potatoes Broccoli	Quorn Meatballs, Baby Potatoes, Peas & Gravy (V)	Vegetarian Haggis, Neep's and Tatties (V)	Vegetable Crumble Baby Potatoes
DESSERT (Mixed Fruit Bowl Available Daily)	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots
<u>Grab & Go</u>	Cooks Choice &	Cooks Choice &	Cooks Choice &	Cooks Choice &
<u>All Offered with a portion of salad or vegetables</u>	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes
<u>Homemade Pot Meals</u>	Cook choice	Cooks Choice	Cooks Choice	Cooks Choice
<u>All Offered with a portion of salad or vegetables</u>	Cook choice	Cooks Choice	Cooks Choice	Cooks Choice

*Raw chicken from Chross
*Vegi Haggis from Brakes

Week 2 Oct 21 - Secondary

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<u>LUNCH SERVICE</u>				
SOUP	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)
MAIN DISH (1)	Baked Potato Corn on the cob	Cod Goujon's & Chips Peas	Chicken Sausage & Mash, Green Beans	Quorn & Vegetable Curry, Wholegrain Rice
MAIN DISH (2)	Quorn Burger, wholemeal bun Corn on the cob Sweet potatoes chunks (V)	Pasta Bolognaise (Ve) Carrots	Quorn Sausage & Mash Green Beans (V)	Chilli & Wholemeal Rice Mixed salad
DESSERT (Mixed Fruit Bowl Available Daily)	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots	Seasonal Fruit Pots & Home Baking	Seasonal Fruit Pots
<u>Grab & Go</u>	Cooks Choice &	Cooks Choice &	Cooks Choice &	Cooks Choice &
<u>All Offered with a portion of salad or vegetables</u>	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes
<u>Homemade Pot Meal</u>				
<u>All Offered with a portion of salad or vegetables</u>	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice

*Chicken sausage from Brakes

*Mince from Brakes

Week 3 Oct 21 - Secondary

<u>LUNCH SERVICE</u>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)	Homemade Soup (V)
MAIN DISH (1)	Chicken Meatballs Tomato & Basil sauce Whole-wheat Pasta	Roast Chicken Baby Potatoes & Season Vegetables	Beef Stew Mashed potato Carrots	Bubble Fish, Chips & Peas
MAIN DISH (2)	Lentil & Vegetable Shepherd's Pie Carrots	Macaroni Cheese Broccoli (V)	Whole-wheat Pasta with Red Pesto, Cherrie tomatoes Spinach (Ve)	Quorn hot dogs Spicy potato wedges Corn Cobbett (Ve)
DESSERT (Mixed Fruit Bowl Available Daily)	Seasonal Fruit Pots	Seasonal Fruit Pots	Seasonal Fruit Pots	Seasonal Fruit Pots
<u>Grab & Go</u>	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice
<u>All Offered with a portion of salad or vegetables</u>	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes	Selection of homemade Sandwiches, Fresh Salads and filled Baguettes
<u>Homemade Pot Meal</u>	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice
<u>All Offered with a portion of salad or vegetables</u>	Cooks Choice	Cooks Choice	Cooks Choice	Cooks Choice